

# KT King

## 21<sup>st</sup> Century Prayers

### Book One



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A huge thank you!

## Introduction

Dear Readers

I hope you enjoy this book of sacred prayers which were channelled from divine Source during 2015. They are non-denominational, and are suitable for everyone, regardless of culture, creed or age. All these prayers are suitable for old souls, brand new souls and every type of soul in between.

Each beautiful prayer holds 'universal master keys' within its letters and words. The energetic keys can help you make the transition from the 'old matrix' vibration (pre-2012) into the 'new matrix' vibration (post-2012). Some of the keys are based on ancient vibrations, which have been updated and re-calibrated. All keys contain pure 'essence' energy, combining the best of the past with the best of the future.

Saying these prayers is a bit like taking a shower! When you say them, either out loud or in your head, they trigger your own inner light, which then flows, through your mind, body and soul. Whatever your path in life, wherever your vibration currently resonates, these prayers can help to increase the white light flowing within your DNA and they can help to re-connect you with your divine self, each time you say them. Over time, these magic words can help raise your consciousness, your vibration and your spiritual awareness.

You do not need to be religious to pray. All you need is a willingness to open your heart to the source of pure love, light and compassion and to embody your spiritual wisdom in your daily human life. These prayers work best when used regularly with deep intention and when combined with other healing modalities. They become mini-meditations and can be said anywhere, anytime by anyone!

Prayers can sometimes be thought of as a shopping list to ask for what you want materially or physically. These prayers are not a wish list however and are pure prayers, designed to help you to connect and to merge with your inner divine self and to gently help you maintain the vibration of pure compassion within your mind, body and soul.

Thank you for downloading this book and for helping spread the light around the world! Every time you say a prayer, you draw energy from the collective pool of everlasting compassion and you also send compassion back into that pool, so that there is an eternal flow of light for all mankind to use.

*KT King*

## How to Use the Prayers

To activate the energy keys within these prayers, intention is everything! Say your chosen prayer 6 times in a row (out loud) to ground it through your physical body and via the sound vibration. If you learn the prayers off by heart, they will go deeper into your subconscious mind and you will find that you are able to use them in your dreams as well!

After you have said the prayer 6 times, you only need to say it once, as often as you like, from then on. You can say them as many times a day as you wish.

There is no specific time of day for saying prayers but it is often good to start the day with a prayer and then say one in the middle of the day and finish the day with one, before going to sleep!

You do not have to kneel down or sit in the lotus position! You can say them in the Post Office queue or even on the loo! Connecting to the divine is not elitist but is an essential part of daily living, just like cleaning our teeth or eating breakfast!

Connecting with these prayers requires some intention on your part. The prayers will remain dormant unless your desire for help is strong within your heart and mind. The responsibility for your enlightenment remains within yourself but these prayers are a helping hand, along your journey through life.

You may like some prayers more than others at first; so use whichever ones you like. You cannot say these prayers too much and you can say them in any combination. You may find that you have your favourite for a while and then another one seems to resonate more. Just let the energy flow through you and your life as a divine stream!

Look out for signs after you start using them. You may find feathers in odd places or you may see numbers like 111 or 333 on number plates, clocks, buildings or random places! You may find that certain images, colours, animals or words are repeated in the world around you. You may see Angels or sacred animals in the cloud formations!

You may find that you are drawn to other spiritual or healing modalities because your perceptions begin to alter, as you see the world and yourself with enlightened eyes!

I have chosen 12 prayers for this first book from a larger collection. I chose prayers for this first book, which are suitable for everyone to use. Most of them are deliberately short and sweet: you could learn them easily off by heart, if you wish to. I hope you enjoy these prayers and please feel free to share them with your friends and family.

*Love KT*

# The Prayers

## New Matrix Integration Prayer

*I connect to the Holy Chi.*  
*I let it flow through my mind, body & soul.*  
*In the New Matrix, I am free & I am energised.*  
*The Holy Chi is self-cleaning, self-healing & is pure.*  
*I fully assimilate the Holy Chi into my Being.*  
*I am protected & I am blessed.*  
*I am the Holy Chi.*



This prayer helps to maintain your divine vibration and to gently push your vibration upwards, expanding your spiritual awareness, whilst keeping you grounded and pure.

The 'holy chi' draws on the energy of the Earth (chi), combining it with the pure 'holy' consciousness of compassion and unconditional love.

The 'new matrix' is a phrase which holds the key to expansive energy within it, broadening your perceptions, awareness and spiritual connection.

The 'new matrix' is an energy stream that was created since 2012 and flows within the DNA of the planet and the lay-lines (dragon lines). It is a higher vibration of earth energy. This means it is not yet corrupted by human intervention so when you tap into it, it feels like pure compassion, unconditional love and joy but it also allows you to experience life in a multi-dimensional way.

If you can fully embrace the energy keys in this prayer, you may find that the doors of your perception begin to gently open up.

All the prayers work with you on an individual level, transforming your energy at a pace most suitable to you!

## Grounding and Protection Prayer with Archangel Metatron

*Metatron, Metatron, Metatron.*

*Keeper of the Keys of Life.*

*All glory is yours to behold.*

*Hold me in your embrace.*

*Bound within you, I am blessed, I am at peace, I am safe.*



This prayer uses the lay line energy of planet earth (sometimes called dragon lines) and connects your physical, mental and emotional bodies more securely to them. (This is often called 'grounding').

Metatron is usually associated with the Archangels and therefore with Christianity but this prayer holds the keys to all the deities which lead to the same place, making this a universal prayer, suitable for everyone. The word Metatron is the key to the divine light.

The 'Keys of Life' anchor the divine light into your physical body through your DNA and open up your spiritual awareness. It activates all of your chakras, from head to toe!

The words 'all glory' means 'all gold and all white light together'. This is physical energy and the energy of compassion mixed together as one. This is sometimes called a 'holy chi'. The compassion makes whatever energy you are dealing with safe to use, making it 'holy' or 'sacred' or 'blessed' which means that divine light has been mixed with it.

We say 'yours to behold' because we are asking to make the connection with this holy/scared energy in a physical sense – to 'hold it'.

We say the word 'bound' to invoke a sense of longevity, so that your divine connection builds over time and is long lasting within your energy field, long after you have finished saying this prayer.

## Call to the Goddess

*Great goddess of Love, in whom I trust.  
Please send your feathers to surround me,  
So that beneath your wings I may take refuge.  
Your faithful covenant shall be my shield and my castle.  
I shall not fear the terrors of the night,  
Nor the arrows that fly by day.  
For you shall send your angels to guide, comfort and protect me,  
in all my ways.*



This prayer is based on the energy keys in Psalm 91. The keys have, however, been transcended into non-denominational vibrations which detaches it from any one religion.

This prayer unlocks your inner angelic energy through your upper chakras to begin with by the use of the words 'feathers' and 'wings'.

The use of 'faithful covenant' triggers your solar plexus energy, bringing the divine light through your lower chakras to anchor it.

'Terrors of the night' are negative thoughts that can come into our dream state and give us nightmares. They can also appear astrally.

The 'arrows that fly by day' are symbolic of other people's negative thoughts which they may have thought against you or spoken out loud to others whilst criticising you.

This is an excellent prayer to use before bed and at any time you feel that you are surrounded by people who do not wish you well. It also brings comfort during any times of fear, crisis, illness or discomfort because the angelic energy is so pure, calm, healing and gentle, it is like being caressed by a thousand invisible feathers!

## Enlightenment Prayer with Mother of Compassion

*O' Great Mother of Compassion and most joyful Buddha,*

*You, who love all Beings without exception,*

*Humbly and with an open heart, I ask you to bestow upon me your precious wisdom and inner peace  
and to dispel all darkness from my mind and to guide me upon the path of liberation.*

*In you, my supreme and unfailing friend, I take my refuge.*

*In your body, in your mind, in your speech and in your deeds and deep within your jewel-like heart,  
please nourish me O' Great Mother, with your kindness, so that in turn I may nourish others with  
your purifying light.*

*By your love, may all suffering cease and the world be filled with joy and unending peace.*



This prayer is based on ancient Buddhist energy keys which are used in traditional prayers but they are purified, so that they do not link you into a specific religion but take you directly to the essence of compassion.

A 'buddha' is a spiritual Being who can guide us to the white light. We must always think of the god/goddess energy as our 'friend' and not our superior or judge. The divine energy is always unconditional and you 'deserve' its help. No matter what you have done in your life, this energy is always available to you (if you seek it with a strong intention).

If you suffer with depression, it can take longer for prayers to take effect. Try not to give up too soon. The hormonal imbalances in the brain need lots of help to restore themselves and over time you may see subtle changes occurring, which allow more light to shine through. Depression does not mean we are without light. In fact, many people with depression are flooded with light but it has been hidden by fear; like the sun, behind the clouds. The light is always there; reaching it is the difficult bit! Praying everyday can over time to help lift your vibration and help you see your inner sun again.

## Clearing Prayer

*Great goddess of Light, in the darkness find me.*

*Through the shadows bring me your salvation and your sacred fire.*

*Let me be free from all psychic attacks, may all psychic wounds be healed and all portals closed.*

*Behold the darkness, Great Goddess of light and dispel all witchcraft and magics sent against me.*

*With your purifying light, clear all negative energies, entities, thought forms and hooks from my  
body, mind and space.*

*With your sacred heart, break all karmic chains that bind me and dissolve all redundant vows.*

*By your love, may all my suffering cease and my world be filled with joy and unending peace.*



This prayer triggers your 'inner divine fire energy', which can be used to transform lower vibrational energy, a bit like throwing anything into a fire; fear can also be burnt away to ashes, which are pure and clean.

The 'sacred heart' (purified in this prayer) is the source of divine fire and it can release us from emotional karmic energy that can tie us into re-incarnation. This prayer also helps to dissolve old human collective DNA programmes, which carry the beliefs that we have inherited from past lives or ancestors or have been taught as children.

For those of you who are not comfortable with the idea of witchcraft, do not be afraid of saying this prayer. Negative thoughts from other people are classed as witchcraft. Thoughts projected by others can stick to us like invisible 'Velcro' and keep our vibration low and often drain us. The energy key must be triggered in the right way, however, and just like homeopathic medicine, the antidote is often within the energy key itself!

Think of yourself as a radio and you can tune yourself into many stations and receive many channels. Some are playing uplifting songs, some are playing depressing songs. When we listen to sadness or fear from any source, we can take that on board. When we listen to happiness, joy and generosity, we can take that on board. This prayer is excellent for sensitive people who feel that they are constantly bombarded by other people's negative energy or feel uneasy in certain places. It is also great if you live or work with the sick or in fear-based environments. It is useful to say when you get home from work!

## Healing Prayer

*From the hearts of all the Holy Beings,  
Let streams of light and healing nectar flow,  
Through (name/me) your child of Gaia,  
Granting me blessings of health and restoration.*



This prayer is taken directly from an ancient Buddhist prayer but the keys have been raised to suit the 'new matrix' vibrations and transcend religions and cultures.

This prayer taps into your own self-healing ability. The divine (holy) energy grounds into the Gaia (earth) vibration. The use of the word 'Gaia' is important, in order to create the right vibrational spin within the energy field so that physical/biological healing can take place. As with all the prayers, the more this is used, the more powerful it gets!

As you can see, it can be used to help heal others, either when you are with them or when you are at a distance. It is also a great way to start a healing or therapy session.

When combined with crystals, flower remedies and other healing modalities, including Yoga (which all create physical anchors for the energy stream) this will empower the healing even more.

You can do lovely visualisations with this prayer, for example: imagine you are standing, sitting or lying down on a huge golden/white lotus or waterlily and allow its energies to flow up through your body. You can direct the light (with your imagination) throughout your whole body or to specific places, wherever you feel you need healing.

You can also imagine that you are a tree and that you have roots going down into the earth. Concentrate on growing your roots all the way down to the central core of the planet and from there you can draw the gold/white light (holy chi) upwards, through your roots and into your feet and the rest of your body.

## Forgiveness Prayer

*Fill me with Forgiveness, great Mother of Mercy and of Grace.*

*When we are blind, we cannot see, the words and actions that lead to thee.*

*When I and others falter, I place a Sacred Rose upon your altar,*

*And I wish that I and all others will see*

*All the paths that lead to thee.*



This prayer combines angelic and elemental energies to soften, clear and heal your emotional body and it can be used to generate forgiveness for others, yourself and the universe.

In human form, compassion can be a very difficult vibration to hold onto throughout the day because we encounter people and situations which make us fearful. This prayer raises our minds into the vibration of compassion (higher-self) which in turn triggers true forgiveness. Forgiveness is a natural consequence of compassion.

If you use this prayer in relation to a specific person or situation, over a few days or weeks, months or years, you will find that your attitude, perception and beliefs about them or the issue may transform. Self-forgiveness is often much harder than forgiving others and this prayer can be invaluable for allowing ourselves to let go of guilt.

Used with a visualisation of handing a beautiful pink rose to the person or situation in question, this is a very powerful emotional cleanser! You can also imagine that you are standing before a beautiful altar and with the aid of your spirit guides; you place a rose there for yourself and the other people as a sign of forgiveness.

This prayer works on a karmic-soul level and can, when used enough and with strong intention, release you from re-incarnational energies which can be caused by holding onto emotional trauma within the DNA.

The trick with this prayer is repeat, repeat, repeat! It can take years to forgive on the deepest of levels.

## Quick Peace

*I release to you, Great Goddess of Compassion and of Love,*

*All that I am,*

*All that I think*

*And all that I wish for.*

*I replace myself with your Love,*

*My thoughts with your Wisdom,*

*And my ego wishes with your divine karmic stream of light.*

*I fill my heart with your Peace.*



Sometimes, prayer can seem as if we are giving our own power away to a force greater than ourselves and therefore could be construed as disempowering. The idea behind giving yourself up to a divine power is that you bypass your lower-self/ego-based mind, which is caught up in survival needs and can create anxiety and stress in your mind and body. This prayer helps to relax your body, letting go of tension and allowing the holy chi to flow more easily through your meridians again!

Letting go of your lower self, even for a few minutes, can help you tap into your higher self where your intuition shows you see the bigger picture around a situation.

This prayer also helps you to let go of desires which cannot be realised in this earthly reality but that sometimes we cling to like a dog with a bone! Letting go of fearful thoughts which go around and around in your head brings a sense of wisdom first and knowledge second (intuition followed by logic), bringing a clearer and more compassionate energy to the way you go on to deal with the situation at hand.

By replacing anxiety and fear with compassion and love, you are inviting yourself to be comforted, helped and guided by your spirit guides and you are allowing yourself to accept that not everything in the world or in your life can be fixed. Some things in life are just as they are at this moment in time. As sad as this can be, as unjust and unfair as earth is, some things we must accept, if we are to ever know inner happiness again.

## Intercession Prayer

*On behalf of (name/s) I beseech thee,*

*Great Goddess of Compassion,*

*To intercede, where darkness bars their way.*

*May all obstacles to their enlightenment be pacified and all matrix fears released.*

*May all willingness blocks to happiness, inner peace, prosperity, comfort, humanity, kinship, joy and love be melted away by your sacred heart and washed away in the great ocean of compassion.*

*May both halves of their mind be unified in harmony and in peace and*

*for the sake of all living Beings, let their energy be raised out of the darkness and into the Light.*



Sometimes we feel we want to pray on behalf of a loved one or for someone who seems to have lost their way. This is a prayer for such a situation. You can, however, also say it for yourself as well, changing 'their' to 'my'.

The words 'both halves of their mind' help re-balance the mental and emotional energies within the energy field. When we are fearful or feeling ill, our left and right minds are out of sync and confusion occurs, creating stress and anxiety. By balancing both sides together, we come back into our central channel again – often called 'centering'.

This prayer allows you to ask for help, comfort and healing for the other person, whilst letting go of outcomes and not dictating exactly what they should do or what should happen to them, thus avoiding ego-based spells and possible 'sticky karma'.

Sometimes worry, stress, negative thoughts, pride or self-punishment energies are very strong and can block divine light from getting through, so by using the words 'intercession' and 'willingness blocks' you can create a stronger beam of energy. You are asking for the divine light to find a way through their initial barriers and shower them with unconditional love and healing.

## Truth Prayer with Archangel Michael

*Holy Father, Archangel Michael,*

*You who see all truth beneath the false and the lies.*

*Help me judge not but discern always.*

*With your sword, cut through all evil,*

*And with your staff, help me to stay upon the straight and narrow path.*

*Help me keep your counsel in the face of fear and hold me secure upon the rock of goodness with you.*

*Guide me safely to the light amidst the darkness.*



Sometimes we cannot seem to see the truth behind the lies and this prayer can help reveal those lies that are hidden around us, at work, at home or even within our own perceptions!

The keys of Archangel Michael, whilst seeming to be connected to Christianity, have been purified within this prayer, so it also holds the same keys as, for example, Manjushri and Ganeshe. Many doors lead to the same place! You do not need to be a Christian for this prayer to work for you.

In this prayer we use the word 'evil' because it clears fear on a deeper vibration than other words can. The 'straight and narrow path' may seem old fashioned at first but if you think of the white light as a laser beam, straight, true and narrow, that is the energy stream you are wanting to enter and to remain inside. You are asking for help to not get distracted by other people's fear or manipulated by their lies or false promises.

When we use the word 'rock' we trigger an energy key that supplies a solidity and assurance to your energy field (grounding through your chakras). The word 'sword' is the mental body and the 'staff' is the physical body. Combined they create a stream of light that will enter the physical realms and take effect within the matrix.

## Wish-Fulfilling Prayer with Mother of Perfect Wisdom

*Great Mother of Perfect Wisdom,*

*help me realise the true happiness which arises from within your heart.*

*Release me from all suffering & help me rejoice in all my merits, using them for the benefit of all living beings.*

*May all the obstacles to my divine karma be pacified, so that, the divine wishes of my temporary life are materially supported & favourable conditions abound.*

*Within Time and Space, may I find, mutual support with others upon their divine paths, together, weaving a web of Love & Light, liberating all of us, with your joyful wisdom.*



This prayer is designed to help you find your way through your karma. In daily life we are bombarded by past-life emotional issues, which can create our life the way it is. Sometimes, we feel as if we want to be free from the past and move, into our future lives with a clean slate. I call this type of re-incarnational karma 'sticky karma'.

The ultimate goal of Enlightenment is release yourself from 'sticky karma' and if you do re-incarnate, do so with 'divine karma' so be free from the cycle of re-birth/incarnation.

A lovely visualisation to accompany this prayer is to imagine you are sitting on a great white lotus, sailing upon the calm, milky ocean of compassion and your mind connects with the clouds above. A white dove comes down and sits with you, bringing you information about your life. (Even if you do not know what this is, whilst saying the prayer, your intuition will start to flow over the coming days, weeks and months.)

Whilst you stay in the energy stream of this prayer (by saying it regularly) you may find that your decisions are made and your actions are led much more by your higher self (divine mind) than by your lower self (animal/ego mind).

## Prayer for the World

*Great Father & Mother of all living Beings.*

*Most joyful & compassionate Buddha.*

*Most gracious and forgiving, Goddess of Light & of Love.*

*I beseech thee to protect & guide those in the world today who have lost their way.*

*Please send your Angels & Elementals to greet them upon their path & be their shepherd & their guiding light.*

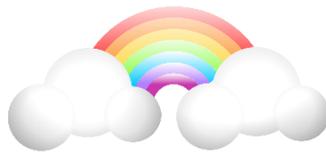
*May all who enter & all who leave this life today, be carried safely within your Holy Spirit and may all those who are consumed by hatred, find You, in their hearts again.*

*Help me to accept that I cannot change the world by my will alone and help me to forgive the things that are beyond my control.*

*But where goodness can prevail, by your presence, let there be Light amidst the darkness for all those in need of You today.*

*With your guidance, may I help in any small way,*

*bringing Love & Compassion, wherever I go.*



When we pray for the world and for all of mankind, we must always try and keep in mind that the world will play out its dramas, whether we like it or not. This prayer helps to keep us detached from outcomes but gives us the divine connection to help release more compassion and unconditional love into the collective matrix and the collective consciousness.

If we hold on to what we 'think' should happen, we are getting emotionally involved with the situation and this can build anxiety and karma. To stay peaceful, we aim to be divinely guided and be calm and loving, whilst even the most terrible things happen around us. This however, can be an unrealistic goal whilst we are in human form. Our animal instincts of 'fight or flight' kick in and our emotional body is flooded with adrenalin. This is normal and human! Fear is often going to try and get a foothold.

This prayer, however, can bring some relief to that rush of fear we often feel, when events seem out of our control and it can also help us to send pure light into the world.

## A huge thank you!

I initially gave these prayers to close friends, who loved them! I then posted some of the prayers on Facebook and was asked if I could produce a book with a collection in! So, here is the first book of 21st Century Prayers and it would not have been possible without the financial support of those who felt that these prayers were worth sharing with you!

A huge thank you goes to the following 'earth angels' who kindly contributed financially to the making of this book, so that, these prayers could be made available to you!

Kristin DiPrima, Andrea Perry, Phillip Cross, Kate Elliott, Suzanne Walker, Ava Monroe, Ruth Lightfoot, Linda Cheshire, Elizabeth Sparke, Sue Grassby as well as Eve and Katrina.

All prayers are original channelled work by KT King but some words/keys are taken from the Psalms and Buddhist Texts. An everlasting thank you goes to the true light Beings who as spirit guides have given us these words and keys!

Thanks also to all my earthly friends old and new who have supported me in so many ways over the last 40+ years and who gave me the encouragement to keep going when all seemed lost! And thank you to everyone in the whole world who made the production of this book possible through their contribution to the matrix.



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